

# Klamath Trinity Joint Unified School District

## Student Wellness Survey

1. What school do you attend?
  - Hoopa High
  - Captain John
  - Hoopa Elementary
  - Trinity Valley
  - Orleans
  - Jack Norton
  - Weitchpec Yurok Magnet School
2. What is your age?
  - 11-15
  - 16-19
3. What grade are you in?
  - 6<sup>th</sup> grade
  - 7<sup>th</sup> grade
  - 8<sup>th</sup> grade
  - Freshman
  - Sophomore
  - Junior
  - Senior
4. During the last 12 months, how would you describe the grades you mostly received in school?
  - Mostly a) A's
  - Mostly b) A's and B's
  - Mostly c) B's and C's
  - Mostly d) C's
  - Mostly e) C's and D's
  - Mostly f) D's
  - Mostly g) F's
5. I feel close to people at this school.
  - A) No I do not
  - B) Sometimes
  - C) I have very good friends here
6. I am happy at my school.
  - No

- Sometimes
  - Most always
7. I feel like I am part of this school.
- No
  - Sometimes
  - Most always
8. The teachers at my school treat students fairly.
- No
  - Sometimes
  - Most always
9. I feel safe at my school
- No
  - Sometimes
  - Most always
10. How many days a week do you exercise, dance or play sports?
- 0-1
  - 2-5
  - 5-7
11. Yesterday, how much time did you spend watching TV or playing video games?
- None
  - Less than an hour
  - 1-2 hours
  - 3 or more hours
12. Did you eat breakfast today?
- Yes
  - No
13. On average how would you rate the lunch from the school cafeteria?
- Very healthy and delicious
  - Healthy but not so good
  - Neither good or healthy
  - Didn't eat lunch
14. How would you improve the school meals?
- New menu items
  - More fresh fruit and veggies
  - Locally grown meats and produce

Thank you for completing our survey. Your answers are confidential and will be used for improving our meal program and wellness policy.